## D=@=Y=3=?7/017/

### Taylor Early Childhood

MONDAY

**TUESDAY** 

WEDNESDAY

THURSDAY

FRIDAY

Assorted Cereal w/ **Graham Crackers** 

Domino's Cheese Pizza Fresh Cherry Tomatoes **Assorted Fruit** 

\*\*\*Menu subject to change! Breakfast includes:

- Menu item
- 1/2 c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

#### Lunch includes:

- Choice of entrée
- 1/2 c Fruit
- 1/2 c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

**Peanut Butter and Jelly** Sandwich Blackcat Pack - Yogurt &

**Graham Crackers** 

**Meal Prices** 

Student Breakfast \$0.00 Student Lunch \$2.50

\$2.05 **Adult Breakfast** \$3.25 **Adult Lunch** 

School News

Dec 21st - Early Release Dec 22nd - Jan 3rd - No School. Winter Break Dec 25th - Merry Christmas!

No more worrying about lost lunch money. Pay your child's meal account online at http://dunklin.revtrak.net.

Help hint: deposit \$32.50 into your students account for lunch this month.

\*\*\*\*\*Every grain item is whole grain

USDA is an equal opportunity

**DID YOU KNOW...** 

DECEMBER WAS ORIGINALLY THE TENTH MONTH OF THE YEAR IN THE ROMAN CALENDAR. IT GETS ITS NAME FROM THE LATIN WORD "DECEM" WHICH MEANS TENTH.

5

12

Assorted Cereal w/ **Graham Crackers** 

Chicken Nuggets Mashed Potatoes & Gravy Assorted Fruit

Honey Bun

Breaded Mozzarella **Cheese Sticks** Marinara Dipping Sauce Steamed Broccoli **Assorted Fruit** 

Assorted Cereal w/ **Graham Crackers** 

6

Cheeseburger **Oven Baked Fries** Assorted Fruit

Trix Yogurt Cup w/ **Graham Crackers** 

Oven Roasted Chicken Mac & Cheese **Baked Beans** Assorted Fruit

Assorted Cereal w/ **Graham Crackers** 

Domino's Cheese Pizza Seasoned Carrots Assorted Fruit

Assorted Cereal w/ **Graham Crackers** 

Creamy Tomato Soup Toasted Cheese Sandwich Assorted Fruit

Assorted Large Muffins

Gerber Sandwich (Ham on Cheesy Garlic French Bread) Pea & Carrot Medley Assorted Fruit

Assorted Cereal w/ **Graham Crackers** 

**Chicken Patty Sandwich** Steamed Broccoli Assorted Fruit

Mini Cream Cheese Filled Bagels

> BBQ Rib Sandwich Oven Baked Fries Assorted Fruit

Assorted Cereal w/ **Graham Crackers** 

Domino's Cheese Pizza Fresh Baby Carrots **Assorted Fruit** 

18 Assorted Cereal w **Graham Crackers** 

Cheeseburger Oven Baked Fries Frosted Christmes Cookie Assorted Fruit

19

26

**Assorted Donuts** 

Turkey Bacon Ranch Flatbread Seasoned Carrots Assorted Fruit

Assorted Cereal w/ **Graham Crackers** 

Tony's Pepperoni Pizza Seasoned Green Beans Assorted Fruit

Early Release

Warm Cinnamon Roll

NO LUNCH

No School

Merry

No School

No School

28 No School

29 No School

25 **Christmas** 

27

## EGEMBERY

### **Pevely Elementary**

MONDAY

TUESDAY

THURSDAY

FRIDAY

Assorted Mini Donuts

Turkey Bacon Ranch Flatbread **Tossed Salad Chilled Peaches** 

\*\*\*Menu subject to change! Breakfast includes:

- Menu item
  - 1/2 c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

#### Lunch includes:

- Choice of entrée
  - 1/2 c Fruit
- 1/2 c Vegetable
  - Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée **Peanut Butter and Jelly** Sandwich

Blackcat Pack - Yogurt & **Graham Crackers** 

(Tuesday/Thursday), Cheese Sticks w/ Soft Pretzel

(Monday/ Wednesday/Friday)

**Meal Prices** 

Student Breakfast \$0.00 Student Lunch \$2.50

**Adult Breakfast** \$2.05 \$3.25 **Adult Lunch** 

#### **School News**

Dec 20th - Birthday Celebrations Dec 21st - Early Release Dec 22nd - Jan 3rd - No School, Winter Break Dec 25th - Merry Christmas!

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Trix Yogurt Cup w/ **Graham Crackers** 

Chicken Nuggets Mashed Potatoes & Gravy **Breadstick** Chilled Mixed Fruit

Sliced Banana Bread

Chicken Patty Sandwich

Oven Baked Fries

Fresh Apple

Assorted Cereal w/ Graham Crackers

Beef Nachos w/ Queso Shredded Lettuce & Diced Tomatoes Salsa Refried Beans Fresh Grapes

Breakfast Bosco Egg & **Bacon Stick** 

> Cheeseburger Oven Baked Fries **Chilled Peaches**

Assorted Cereal w/ **Graham Crackers** \*\*\*\*\*

Domino's Pizza Golden Corn Chilled Apple Sauce Fresh Baked **Donut Holes**  8

15

Chicken Alfredo Warm Dinner Roll Seasoned Green Beans Fresh Banana

12 Assorted Cereal w/ **Graham Crackers** 

Breakfast for Lunch! **Pancakes** Sausage Patty **Tater Tots Baked Cinnamon Apples**  Mini Pancakes

13

20

Toasted Cheese Sandwich **Tomato Soup** Chilled Cinnamon Apple Sauce

Assorted Cereal w/ **Graham Crackers** 

Assorted Tony's Pizza Steamed Broccoli Fresh Orange Slices

Assorted Large Muffins

**BBQ Rib Sandwich Baked Beans Chilled Peaches** FROSTED

Christmas cookie

Mini Cream Cheese Filled Bagels

Cheesy Lasagna Roll-Up Covered in Italian Sauce Garlic Breadstick Chilled Blueberries

Assorted Cereal w/ **Graham Crackers** 

Oven Baked Chicken Warm Dinner Roll **Baked Beans** Fresh Banana

Mini Waffles

Toasted Ham & Cheese Sandwich Seasoned Green Beans Raisins

Birthday Rice Krispie Treat

Early Release

Assorted Cereal w/ **Graham Crackers** 

Domino's Pizza Day **Seasoned Carrots Chilled Peaches** 

No School

No

School

27

No School

29 No School

25 Merry **Christmas** 

18

26

No School 28

21

# ECEMBER 2

Senn Thomas Middle & Herculaneur **High Breakfast Menu** 

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

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12

**Breakfast Boat Pancakes** Assorted 100% Fruit Juice **Assorted Fruit** 

\*\*\*Menu is subject to change! Breakfast includes:

- Entrée of bread and/or protein
- 100% 4 oz Juice
- 1/2 c fresh, frozen, canned fruit

Daily Alternate Breakfast Entré

Chocolate or Powdere

Choice of Cold Milk

**Donuts** Honey Bun

**Breakfast Bites** Mini French Toast

Assorted 100% Fruit Juice

Assorted Fruit

5 Donut Holes Breakfast Boat Assorted 100% Fruit Juice Assorted Fruit

Breakfast Pizza Pancakes Assorted 100% Fruit Juice Assorted Fruit

Sausage & Cheese Biscuit Warm Baked Cinnamon Roll Assorted 100% Fruit Juice **Assorted Fruit** 

Biscuits & Sausage Grave Mini Cream Cheese Filled **Bagels** Assorted 100% Fruit Juice **Assorted Fruit** 

Fruit & Yogurt Parfait w/Granola Assorted Cereal w/ **Graham Crackers** 

- **Assorted Benefit Bars**
- **Assorted Poptart**
- **Assorted Large Muffin**

**Breakfast Sliders** French Toast Sticks Assorted 100% Fruit Juice

**Assorted Fruit** 

Dutch Waffle w/

Sausage Link

Assorted Bagels w/ Cream

Cheese

Assorted 100% Fruit Juice

**Assorted Fruit** 

18

Sausage & Cheese Bagel **Pancakes** Assorted 100% Fruit Juice Assorted Fruit

Assorted Iced Long

Johns

Breakfast Pizza

Assorted 100% Fruit

Juice

Assorted Fruit

Breakfast Pizza Assorted Bagel w/ Cream Cheese Assorted 100% Fruit Juice Assorted Fruit

**Breakfast Bites** 

Mini French Toast

Assorted 100% Fruit

Juice

Assorted Fruit

Donut Holes **Breakfast Boat** Assorted 100% Fruit Juice **Assorted Fruit** 

Early Release

Sausage & Cheese Biscuit

Warm Baked Cinnamon Roll

Assorted 100% Fruit Juice

**Assorted Fruit** 

Maple Pancake Sausage on a Stick Mini Cream Cheese Filled Bagels Assorted 100% Fruit Juice **Assorted Fruit** 

No

School

22

Dec 21st - Early Release Dec 22nd - Jan 3rd - No School.

No more worrying about lost lunch money. Pay your child's meal account online at http://dunklin.revtrak.net.

Help hint: deposit \$39.00 into your students account for lunch this month.

25 Merry **Christmas** 

26 No **School** 

27 No **School** 

28 No School

29 No School

**Meal Prices** 

Student Breakfast \$0.00 Student Lunch

Adult Breakfast \$2.05 **Adult Lunch** \$3.25

#### School News

Winter Break Dec 25th - Merry Christmas!

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# E EMBER &

**Senn Thomas Middle** 

School

MONDAY

TUESDAY

THURSDAY

FRIDAY

**Beef Soft Tacos** 

Refried Beans

Shredded Lettuce & Diced Tomatoes

**Assorted Fruit** 

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**Dominos Pizza** (Sausage, Cheese, or Pepperoni) Seasoned Green Beans **Assorted Fruit** 

Philly Cheesesteak on Hoagie Roll

Creamy Chicken Alfredo Sauteed Peppers and **Garlic Breadstick** Seasoned Green Beans Onions Oven Baked Fries **Assorted Fruit Assorted Fruit** 

General Tso's Chicken Veggie Egg Roll Veggie Fried Rice Steamed Broccoli **Assorted Fruit** 

Turkey Bacon Ranch Flatbread Seasoned Carrots **Assorted Fruit** 

8

15

22

**Dominos Pizza** (Sausage, Cheese, or Pepperoni) Golden Corn Assorted Fruit

12

19

**Chicken Nuggets Breadstick** Mashed Potatoes & Gravy Assorted Fruit

Crispy Breaded Fish

Sandwich w/ American Cheese Oven Baked Fries Assorted Fruit

Cheesy Bosco Sticks w/ Marinara Sauce Rotini Marinara Steamed Broccoli Assorted Fruit

Oven Baked Chicken Warm Dinner Roll **Baked Beans** 

Assorted Fruit

Dec 22nd - Jan 3rd - No School. Winter Break

Dominos Pizza (Sausage, Cheese, or Pepperoni) **Seasoned Carrots Assorted Fruit** 

**BBQ Rib Sandwich Oven Baked Fries** Frosted Christmas Cookie **Assorted Fruit** 

Gerber Sandwich (Ham on Cheesy Garlic French Bread) Pea & Carrot Medley **Assorted Fruit** 

Hot Ham & Cheese on Bun Cheddar Goldfish Seasoned Green Beans

Assorted Fruit

Early Release

No School

21

25 Merry

**Christmas** 

26 No School

No School 27

28 No School

29 No School

\*\*\*Menu subject to change! Lunch includes:

- Choice of entrée
- 1/2 c Fruit
- 1/2 c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- **Breaded Chicken Patty Sandwich**
- **Breaded Spicy Chicken Patty** Sandwich
- Chef or Chicken Caesar Salads
- Pizza (rotating variety)

**Meal Prices** 

Student Breakfast \$0.00 **Student Lunch** \$2.60

Adult Breakfast \$2.05 **Adult Lunch** \$3.25

**School News** 

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## Herculaneum High School

THURSDAY

Lunch includes: Choice of entrée

\*\*\*Menu subject to change!

- 1/2 c Fruit
- 1/2 c Vegetable
- Grain/bread
- Choice of Cold Milk

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5

12

**Buffalo Cheese Crunchers** Oven Baked Fries Assorted Fruit

Domino's Still Available

Dominos Pizza

Daily Alternate Lunch Entrée

- Cheeseburger
- **Breaded Chicken Patty** Sandwich
- **Breaded Spicy Chicken Patty** Sandwich
- Salad Bar
- Deli Bar
- Pizza (rotating variety)

Chicken Nuggets w/ Warm Dinner Roll Mashed Potatoes & Gravy Golden Corn Assorted Fruit

Creamy Tomato Soup

**Toasted Cheese Sandwich** 

Green Peas

**Assorted Fruit** 

**Breaded Mozzarella Cheese Sticks** Marinara Dipping Sauce Steamed Broccoli Rotini Marinara Assorted Fruit

Gerber Sandwich

(Ham on Cheesy Garlic

French Bread)

Pea & Carrot Medlev

Assorted Fruit

Philly Cheese Steak Sub Sauteed Peppers & Onions Oven Baked Fries Assorted Fruit

General Tso's Chicken

Veggie Fried Rice

Veggie Egg Roll

Steamed Broccoli

Assorted Fruit

Oven Roasted Chicken Mac & Cheese **Baked Beans Assorted Fruit** 

**BBQ Rib Sandwich** 

Oven Baked Fries

Assorted Fruit

(Sausage, Cheese, or Pepperoni) Seasoned Carrots Assorted Fruit

14

**Meal Prices** 

Student Breakfast \$0.00 **Student Lunch** 

Adult Breakfast \$2.05 **Adult Lunch** 

\$3.25 **School News** 

Dec 21st - Early Release Dec 22nd - Jan 3rd - No School. Winter Break Dec 25th - Merry Christmas!

15

Domino's Still Available

Beef Nacho Bar

w/ White Queso

**Cheesy Refried Beans** 

**Assorted Fruit** 

18 Crispy Breaded Fish Sandwich w/ American Cheese Oven Baked Fries Frosted Christmas Cookie

Assorted Fruit

19 Turkey Bacon Ranch Flatbread **Seasoned Carrots** Assorted Fruit

Chicken Alfredo Garlic Breadstick Seasoned Green Beans **Assorted Fruit** 

Early Release Hot Ham & Cheese on

Cheddar Goldfish Seasoned Green Beans **Assorted Fruit** 

22 No School

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25 Merry **Christmas** 

No School

No School

No School

29 No School

26

27

20

28